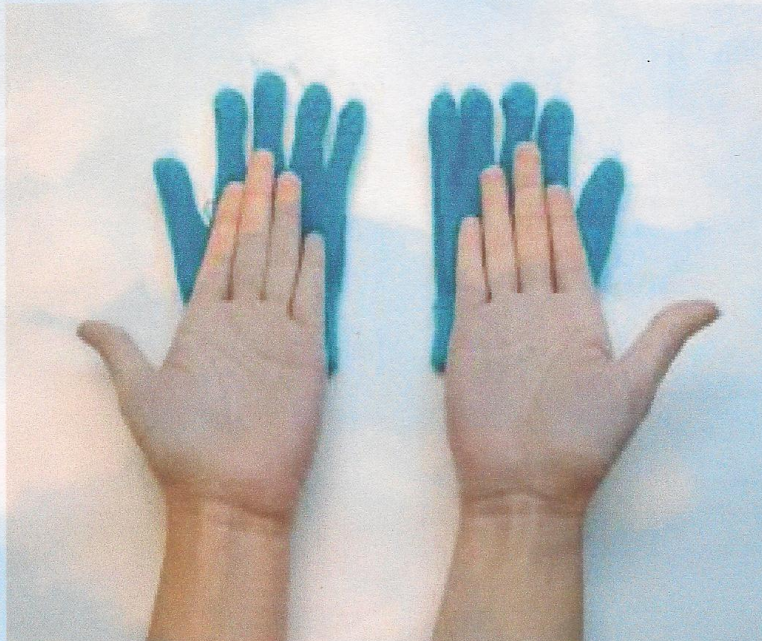


What happens to us when we die?
"OUR body, OUR Spirit"

Written by: Euclides Cruz
Dedicated to: Jade CRUZ



It was Thursday morning, the air was fresh with rain and it was perfect October weather. I was just waiting in my bed for my mom to come and get me so that I could get ready for school when I heard the phone ring. I thought to myself "Daddy is on a road trip and who else would be calling this morning?" I couldn't hear speaking, it was very quiet in my house, Than soon I heard mom coming up the stairs. I sat straight up in bed because I wanted her to be surprised when she walked in and saw me already awake. When she came in the room I could tell she had been crying. Mommy crawled into bed with me and told me that something very bad had happened.



I knew that it was something serious cause I don't see mama cry very often. Mom told me that my teacher was on her way to school and was in a very bad car crash and she had to go to heaven.

Anna: Mama how do you know that she went to heaven? How do you know she wont be at school today?

Mama said

Mama: Honey that was the Principle on the phone from your school Mr. Blaine, he told mama that the car accident was really bad and was in front of the school. Mrs. Berry was in a hurry to get to their meeting when they heard the wreck. When he went out there to see what had happened, Mrs. Berry had already gone to sleep and went to heaven.

I was very sad and I didn't understand, Mom knew that all I needed was for her to hold me and make me feel better. I didn't need to her explain I just wanted her to hold me.



She held me in her arms and rocked me back and forth knowing that there really wasn't anything she could say at that time that would make me feel

better. I just needed my mom. I wanted to feel her warmth and to know that she felt my pain to.

Later on that day she told me that she had gotten word that the funeral for Mrs. Berry was going to be on Saturday. I sat and thought about the funeral and I had many questions about the funeral. Why we have one? And Most importantly, What happens to us after we die?



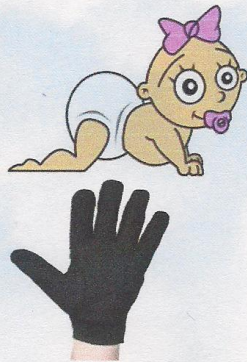
On Saturday after the funeral I was laying in my bed and my mom came to talk to me knowing that I had a lot of questions on my mind.

Anna: Mama, What happens to us when we die?

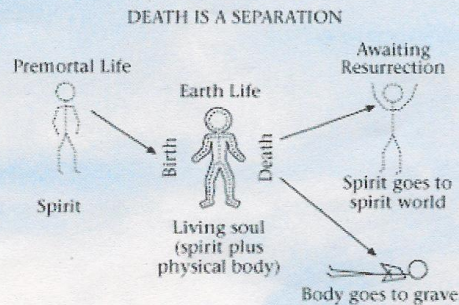
Why did I have to say goodbye to Mrs. Berry when she was being put in the ground?

Mama: Anna you know that as Latter Day Saints

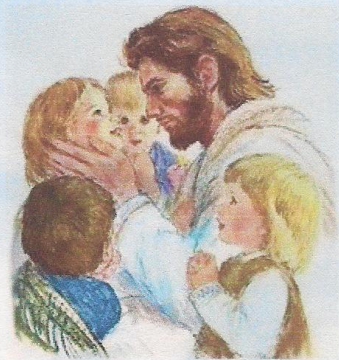
that we believe that we will live with Heavenly Father and Jesus again? Do you remember the primary class when we were taught about Death and how it is the separation of the spirit from the body? Well in that class we were taught that when we are born, Our spirits enter our bodies like a glove?



The glove represents the Physical body and the hand in the glove represents the spirit. When our spirit enters our body we can run, jump and play and do many other things as we get older. However when it is time for us to go back and live with our Heavenly Father we must remember that our earth life was not intended to last forever and we don't know when or where the time will come for our spirit to leave our temporal body, "The Glove"



Part of the Atonement of Jesus Christ he overcame mortal death. This is why we will all be able to live together again someday. This is called the resurrection. This Anna is a beautiful time because our body and our spirit will be united forever together in a perfect state. We must follow the commandments and live as Heavenly father would want us to, to be together forever some day but it is possible. So Anna when we are saying goodbye to the ones we love here on earth one of the greatest things that will make us feel better is knowing that we just have to live out this earthly life righteously and we will be reunited with our Heavenly Father and the other ones we love again one day.



It was Sunday the next day and Anna decided to share with her class what she had learned over the weekend. She stood up and told her teacher and her friends in class that her teacher died in a very bad car crash and she was very sad, but she remembered what she was taught there at church when she was talking to her mother about what happens after we die. She told her teacher that she felt much better when she was reminded that she will be able to live together with her Heavenly Father and others that she loves in this life after we die. This was because when we die here on earth it is only a temporal death, our spirit is leaving our glove and that is what we bury in the ground. But because of our Heavenly Fathers teachings and his sacrifices we will be able to live together again someday. She was

grateful to know that she could feel the love of her Heavenly Father even when she was so sad and that there was a beautiful light at the end of something so sad.

